

Kiwifruit Psa Grower Support – Whangarei

Financial Help
Required?

NZKGI
0800 232 505

Orcharding Help
Required?

KVH
0800 665 825

Or call your
Packhouse Psa
Rep

Psychological or
Emotional Help
Required?

Have you been to
your Doctor?

Make an
appointment with
GP and/or

Depression Line - **0800 111 757**
Depression Website - www.depression.org.nz

**Mental Health
Emergency?**

Call
Whangarei Community
Mental Health Team
- 09 430 4101 extn 3501
or 0800 223 371 (after
hours)
Or
Police - 111

(24 hours 7 days)

Whangarei Community Mental Health Team 09 430 4101 extn 3501 (business hours)
or 0800 223 371 (after hours)

Police - 111